

# Impact indicators list



What are the changes that you hope to contribute to in the lives of young people?

## 1. Examples of SHORT-TERM impacts your organisation might have:

### 1.1. Changes in young people that appear over a short period of time:

- Time and energy use
- The number and the nature of social contacts
- Feeling of belonging
- Knowledge
- Skills / experience
- Attitudes and values
- Behaviour
  - More desirable
  - Less undesirable
- Mobility (domestically, internationally)
- Mental health
- Physical health
- Young people's (physical and digital) environment

### 1.2. Positive changes that may not immediately affect young people themselves (e.g. the impact of the youth professional association on the development of a field)

### 1.3 Negative changes related to young people, e.g.:

Giving a young person a negatively perceived participatory experience

Involving a young person in a less impactful programme compared with an alternative

## 2. The potential LONG-TERM impacts your organisation might have:

### 2.1. Changes in young people that appear over a longer period of time:

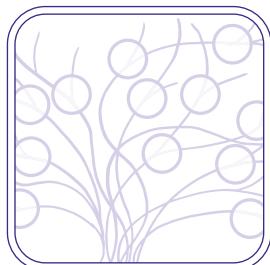
- Qualification
- Graduation
- Employment status
- Income
- Civic engagement as adults (e.g. volunteering)

### 3. Something else:

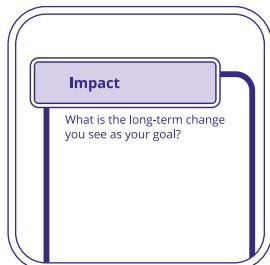


# How to come up with your own list of indicators?

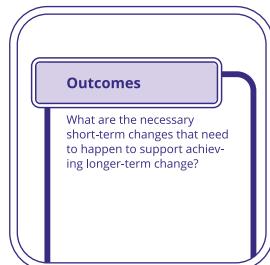
To develop new indicators, other templates in this toolbox will be super useful for you, especially:



The upper part of the **Goal tree**



The "Impact" section of the **Theory of change**



The "Outcomes" section of the **Theory of change**

## How do you know that the chosen impact indicator is appropriate?

What should an appropriate indicator look like?

What does it mean?

### BETTER THAN ALTERNATIVES

The indicator must express the essence of the positive change better than any other indicator.

### RELEVANT

The indicator must measure the factors on which the organisation could, thanks to its activities, have a significant impact.

### CLEAR

The indicator must be unambiguous and understandable for everyone.

### MEASUREABLE

The data for an indicator should be available or possible to collect by using appropriate research methods.